

## PRAYERS OF THE ROSARY

### THE SIGN OF THE CROSS -

In the name of the Father, and of the Son, and of the Holy Spirit. *Amen.*

### APOSTLES' CREED -

I believe in God the Father Almighty, Creator of heaven and earth. I believe in Jesus Christ, His only Son, Our Lord. He was conceived by the power of the Holy Spirit and was born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day He rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead. *I believe in the Holy Spirit, the holy Catholic Church, the Communion of Saints; the forgiveness of sins, the resurrection of the body; and life everlasting. Amen.*

### OUR FATHER -

Our Father, who art in heaven; hallowed be Thy Name; Thy kingdom come; Thy will be done on earth as it is in heaven. *Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us, and lead us not into temptation; but deliver us from evil. Amen.*

### HAIL MARY -

Hail Mary, full of grace, the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus. *Holy Mary, mother of God, pray for us sinners, now and at the hour of our death. Amen.*

### GLORY BE TO THE FATHER -

Glory be to the Father, and to the Son, and to the Holy Spirit. *As it was in the beginning, is now, and ever shall be, world without end. Amen.*

### THE FATIMA PRAYER

O MY JESUS, forgive us our sins, save us from the fires of hell and lead all souls to heaven especially those who have most need of thy mercy. *Amen.*

### THE HAIL, HOLY QUEEN

HAIL, HOLY QUEEN, Mother of Mercy Hail, Our life, our sweetness and our hope! To thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this vale of tears. Turn then, O most gracious Advocate, thine eyes of mercy towards us and after this our exile show unto us the blessed fruit of thy womb, Jesus; O clement, O loving, O sweet Virgin Mary. *Pray for us, O holy Mother of God. That we may be made worthy of the promises of Christ. Let us pray:*

O God, whose only-begotten Son, by his life, death and resurrection has purchased for us the rewards of eternal life; grant, we beseech you, that meditating on these Mysteries of the most holy Rosary of the Blessed Virgin Mary, we may both imitate what they contain and obtain what they promise, through the same Christ our Lord. *Amen.*

### PRAYER TO ST. MICHAEL.

Holy Michael, Archangel, defend us in the day of battle; be our safeguard against the wickedness and snares of the devil. May God rebuke him we humbly pray; and do thou Prince of the Heavenly Hosts, by the power of God, thrust down to hell Satan and all other evil spirits who wander through the world for the ruin of souls. *Amen.*

### THE MEMORARE

Remember, O most gracious Virgin Mary, that never was it known, that anyone who fled to thy protection, implored thy help or sought thy intercession, was left unaided. Inspired by this confidence, I fly unto thee, O Virgin of virgins, my Mother. To thee I come, before thee I stand, sinful and sorrowful. O mother of the Word Incarnate, despise not my petition, but in thy mercy hear and answer me. *Amen.*

## THE LITANY OF THE BLESSED VIRGIN MARY

Lord, have mercy. *Lord, have mercy.*  
Christ, have mercy. *Christ, have mercy.*  
Lord, have mercy. *Lord, have mercy.*  
Christ, hear us. *Christ, graciously hear us.*  
God the Father of Heaven, *have mercy on us.*  
God the Son, Redeemer of the world, *have mercy on us.*  
God the Holy Spirit, *have mercy on us.*  
Holy Trinity, One God, *have mercy on us.*  
Holy Mary, *pray for us.*  
Holy Mother of God,  
Holy Virgin of virgins,  
Mother of Christ,  
Mother of the Church  
Mother of divine grace,  
Mother most pure,  
Mother most chaste,  
Mother inviolate,  
Mother undefiled,  
Mother most lovable,  
Mother most admirable,  
Mother of good counsel,  
Mother of our Creator,  
Mother of our Saviour,  
Virgin most prudent,  
Virgin most venerable,  
Virgin most renowned,  
Virgin most powerful,  
Virgin most merciful,  
Virgin most faithful,

Pray for us

Mirror of Justice,  
Seat of wisdom,  
Cause of our joy,  
Spiritual vessel,  
Vessel of honour,  
Singular vessel of devotion,  
Mystical rose,  
Tower of David,  
Tower of ivory,  
House of gold,  
Ark of the covenant,  
Gate of Heaven,  
Morning star,  
Health of the sick,  
Refuge of sinners,  
Comfort of the afflicted,  
Help of Christians,  
Queen of Angels,  
Queen of Patriarchs,  
Queen of Prophets,  
Queen of Apostles,  
Queen of Martyrs,  
Queen of Confessors,  
Queen of Virgins,  
Queen of all Saints,  
Queen conceived without original sin,  
Queen assumed into heaven  
Queen of the most Holy Rosary,  
Queen of the Family,  
Queen of Peace,

Pray for us

Lamb of God, who takes away the sins of the world, *spare us, O Lord.*  
Lamb of God, who takes away the sins of the world, *Graciously hear us, O Lord.*  
Lamb of God, who takes away the sins of the world, *have mercy on us.*  
V. Pray for us, O Holy Mother of God.  
R. *That we may be made worthy of the promises of Christ.*

### Let us pray.

Lord God, give to your people the joy of continual health in mind and body. With the prayers of the Virgin Mary to help us, guide us through the sorrows of this life to eternal happiness in the life to come. Grant this through our Lord Jesus Christ, your Son, who lives and reigns with you and the Holy Spirit, one God, for ever and ever *Amen.*

## HOW TO PRAY THE ROSARY

The Rosary is made up of "decades". A decade is one "Our Father" followed by ten "Hail Marys" and a "Glory Be". Whilst it is usual to say five decades at a time, it is better to say one decade well, rather than five decades badly. Begin with the sign of the cross. Pray the "Apostles Creed" holding the crucifix and continue on the straight piece of the Rosary with one Our Father, three Hail Marys and a Glory Be, as shown in the picture. Then, to start the first decade, pray one Our Father. Moving on to the circular piece of the Rosary, continue with ten Hail Marys and finish the first decade with one Glory Be and the "Fatima Prayer". By saying five decades of the Rosary, you will complete one full circuit of the beads. To finish, after completing your chosen number of decades, pray the "Hail Holy Queen". The prayer to "St. Michael Archangel" and the "Memorare" are very powerful extra prayers. As you say each decade, think about a story in the life of Mary and Jesus. There are 20 stories to think about. Each story is called a "Mystery". On the next pages you will be able to follow the five "Joyful" mysteries, the "Mysteries of Light", the five "Sorrowful" and five "Glorious Mysteries".

